



Jill Crawford, LCSW
*Private Outpatient Counseling for
 Children * Adolescents * Families*



FALL 2005 NEWSLETTER

**Summer Social Skills
 Group a Smashing
 Success!**

Jill's summer Social Skills group was enjoyed by all members, and their parents too! Over a period of ten weeks this summer, children ages 6-10 enjoyed learning about positive social behavior. They had fun, made new friends, and developed many important skills to guide them into the new school year. The series wrapped up with a feedback session for parents, during which Jill reviewed the lessons learned and provided practical tips that parents can use at home to continue building upon their children's hard work. Due to popular demand, a Fall Social Skills Group will also be offered (see below). Topics to be covered include positive coping skills, conflict resolution, making & keeping friends, and self-care skills. Summaries of each session will be provided to parents each week.

*** Meet & Greet ***

Tuesday, September 20, 2005
 6:30-8:30 P.M.

If you are considering therapy for your child or family, or if you are a professional looking for a reliable provider, please drop in for an informal open house at the date and time above to meet Jill and get your questions answered. It is essential that there be a good "fit" between client and therapist for a strong relationship to develop and meaningful progress to occur. This is a low-key but valuable opportunity to get to know a prospective therapist and determine if you and Jill would make a good team. Jill is currently accepting new clients for individual and family therapy.

> Fall Group Offerings

- * Elementary-Age Social Skills
- * Teen Girls' Issues

Both groups are now forming—call Jill directly to find out more or sign up.

**Parenting Wisely Classes Return
 this Fall**

Due to strong interest and much success last spring, **Downingtown Communities That Care** will again be offering Parenting Wisely classes this fall. The course is a 3-night workshop for parents looking to enhance their parenting skills and develop some new ones. Topics to be covered include, but are not limited to: *Effective Family Communication * Conflict Resolution * Making Rules and Enforcing Them * Achieving Chore and Homework Compliance * Creative Problem Solving * How Parents can Stay Energized in the face of STRESS.* Jill will be facilitating a class this fall on Wednesdays 9/21, 9/28, and 10/5 at Downingtown East High School. Parents who are interested in participating in a Parenting Wisely series can contact Linda Reddon of Downingtown CTC at 610-458-9553 or dtownctc@kennett.net to learn more and register. Space is limited, so sign up soon! *****There is no fee for this workshop.***

Jill Crawford is a Licensed Clinical Social Worker specializing in mental health treatment with children, adolescents, and families. She has a private psychotherapy practice, based in Malvern, PA, in addition to her work at a Chester County residential treatment facility. To learn more about Jill, the services she provides, or any item contained in this newsletter, or to schedule an appointment, please use the following contact information:

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